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# Turning Trash into Treasure: Utilizing Sericultural Wastes in Mushroom Cultivation

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#### Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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**Review Article** 

### ABSTRACT

Sericulture, an agro- based industry, generates substantial biodegradable waste, which, when repurposed, can significantly enhance mushroom production. This study explores the innovative transformation of sericultural waste into nutrient- rich substrates for mushroom cultivation, addressing global food insecurity and waste management challenges. The study also highlights the versatility of mushrooms, particularly oyster mushrooms (*Pleurotus spp.*), in utilizing diverse lignocellulosic wastes. It delves into the nutritional superiority of sericultural by-products over conventional substrates and their potential to reduce environmental pollution. The review underscores the economic and ecological benefits of integrating sericultural waste into mushroom cultivation, contributing to sustainable agriculture and a circular economy. Future directions

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emphasize the need for optimizing substrate composition and further research to maximize the yield and quality of mushrooms cultivation on sericultural waste, paving the way for a sustainable and profitable synergy between sericulture and mushroom farming.

## Keywords: Sericultural waste; mushroom cultivation; sustainability; waste management; nutrient-rich substrates, food security.

### 1. INTRODUCTION

Food insecurity is a significant global challenge, especially in low- and middle-income countries insufficient food production systems, with resultina in widespread malnutrition [1]. Mushroom cultivation holds the potential to alleviate poverty and enhance the livelihoods of marginalized communities [2]. It is beneficial for human consumption, with some species being edible and others being toxic [3]. These have the remarkable ability to transform nutritionally insignificant waste materials into valuable and nutritious food sources [4,5,6,7,8,9]. Furthermore, the labour-intensive nature of mushroom cultivation not only offers employment prospects for landless laborers but also has the potential to revitalize rural economies, as emphasized by Madan [10]. Mushroom cultivation has progressed through wood-log and non-wood-log methods, mainly driven bv mushroom companies and the experiences of farmers [11]. Researchers and experts have played a key role in improving technology for existing mushroom species and exploring cultivation techniques for new ones [11]. Mushrooms, although they lack roots, do not grow without support. They depend on a crucial base known as substrate, serving as a nutritional and structural environment for their development. Selecting the appropriate substrate is essential for prosperous mushroom cultivation, impacting the yield, quality, and even the taste of the mushrooms. The substrates utilized for in mushroom production past research encompass a variety of materials such as rice straw, rice bran, wheat straw, pulp, corncobs, cocoa shell waste, cotton waste, spent grain, sawdust, maize husks, and cassava peelings The additional substrates used for [3,12]. mushroom production include soybean straw, paddv straw, sunflower stalks, sugarcane bagasse, fruit waste, used tea leaves, bamboo leaves, and maize stalk [2,13,14].

At present, approximately 90% of the global mushroom production is attributed to six types of mushrooms viz., *Agaricus bisporus*, *Lentinula edodes*, *Auricularia spp*, *Pleurotus spp*, *Flammulina velutipes*, and *Volvariella volvacea*  [15]. The mushroom production has grown significantly from 6.000 tons in the mid-1970s to over 60,000 tons by 2010 and to over 70,000 tons in 2018 [15]. Mushrooms are currently in high demand as nutritious foods because they are low in calories, carbohydrates, fats, and sodium and thev are cholesterol-free. Furthermore. mushrooms provide essential nutrients like selenium, potassium, riboflavin, niacin, vitamin D, proteins, and fiber.

The use of substrate in mushroom cultivation poses various challenges. This includes issues related to availability and cost, nutrient balance, contamination. moisture control. and sustainability. Researchers are investigating alternative substrates, such as agricultural waste and food scraps, to address these challenges. However, optimizing these options for different mushroom species presents further difficulties. Therefore, selecting and managing the appropriate substrate continues to be a complex task for mushroom cultivators, necessitating knowledge, adaptability, and ongoing innovation. Sericulture as an agro-based industry generating huge amount of waste during the operations such as pruning, rearing, reeling in the form of branches, unconsumed leaves, litters, dead worm and pupa, cast of skin etc. Seri- waste including plant remnants, silkworm waste, pupal waste and protein by- products, must be efficiently utilized to make sericulture an attractive occupation for farmers [16]. These sericultural wastes are rich in nutrient and biodegradable in nature and can be used as a sustainable and cost-effective substrate for various mushroom species. By making use of this waste, the industry may enhance the production of healthy mushrooms while lessening the burden of disposal. Nevertheless, more investigation is required to optimize the composting process for various types of mushrooms.

### 2. SERICULTURAL WASTES IN COMMERCIAL MUSHROOM PRODUC-TION

Mushrooms, belonging to the fungi kingdom, offer substantial nutritional benefits, with

approximately 2000 edible species found globally [17]. Cultivating them requires specific conditions for optimal growth and yield. In the commercial mushroom industry, oyster mushrooms (*Pleurotus spp.*) stand out for their unique ability to colonize and break down a diverse range of lignocellulosic wastes, making them highly versatile [18].

SI. no	Mushroom species	Common Name	Use	Distribution	Image
1	Agaricus bisporus	White Button	Food	North America	
2	Agaricus subrufescens	Almond Mushroom, Royal Sun Agaricus	Food, medicine	Brazil, China, and Japan	
3	Agrocybe aegerita	Black Poplar	food	Japan and Korea	
4	Auricularia auricula	Wood Ear, Jelly ear	Food, medicine	China	
5	Calocybe indica	Milky mushroom	Food	India	
6	Cordyceps militaris	Cordyceps	Medicine	Tibet, China, USA	
7	Flamulina velutipes	Enoki, Enokitake, Winter Mushroom	Food, Medicine	Japan, Asian countries	
8	Ganoderma lucidum	Reishi, Varnished conk	Medicine	Europe and China	88
9	Grifola frondosa	Maitake, Sheep's Head, Ram's Head	Food, medicine	Japan, Asian countries, North America	
10	Hypsizygus tessellatus	Shimeji, Beech Mushrooms	Food	Japan, Asian countries	
11	Lentinula edodes	Shiitake	Food, medicine	worldwide	2.5
12	Pholiota adiposa	Chestnut	Food	Europe	

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SI. no	Mushroom species	Common Name	Use	Distribution	Image
13	Pleurotus djamour	Pink Oyster, Salmon Oyster	n Food Places with warmer climate		
14	Pleurotus eryngii	King Oyster, King Trumpets	Food	Southern Germany, Hungary, Slovakia, Central Asia, Romania, China, Iran and North Africa	
15	Pleurotus ostreatus	Oyster	Food	Britain, Ireland, Europe, Japan, North America.	
16	Pleurotus cintrinopileatus	Yellow Oyster, Golden Oyster	Food	East Asia	
17	Tremella fuciformis	Jelly Fungus	Food, Medicine	Tropical and subtropical, Asia and North America.	
18	Volvariella volvacea	Paddy Straw Mushroom	Food	India, and other Asian countries	

Mushrooms, being heterotrophic organisms, rely on external nutrients for the growth of vegetative mycelium and the initiation of the reproductive stage (fructification) [19,20]. As а result. а majority of cultivated mushrooms are saprophytic fungi or decomposers. These fungi can thrive on lignocellulosic substrates by generating lignocellulosic enzymes that various facilitate substrate degradation during their growth [19,21].

The conventional methods of burning or landfill disposal for agro-industrial waste often led to environmental pollution, posing potential threats to human and wildlife health. An alternative approach to mitigate the negative environmental impact involves using agricultural materials substrates for as mushroom cultivation. The waste generated by industries such as agriculture. forestry, contain horticulture. textiles. and wood lignocellulosic substances suitable for mushroom growth [22]. In recent decades, extensive research has been conducted to optimize physical. chemical. and biological parameters, aiming to establish a cultivation process that effectively utilizes abundant forestry agricultural and wastes [23]. Mushrooms emerged highly have as

efficient producers of food protein from otherwise considered worthless agro-wastes [24,25].

Numerous organic residues, as indicated by Navi et al. in 2011, find application in mushroom cultivation, and sericulture waste emerges as a promising resource for composting when combined with mixed plant residues [26]. This waste, particularly the by-products of sericulture, has been explored by various researchers for its potential in mushroom cultivation, as highlighted by Reddy et al. in 2000 in oyster mushroom cultivation [27]. The effectiveness of different sericulture wastes in button mushroom cultivation was also documented by Reddy et al. [28]. It can serve as substrates for mushroom cultivation due to their high availability and cost efficiency.

Within the sericulture industry, substantial quantities of waste from rearing trays are generated. Approximately 55% of the ingested leaf is digested, leaving the rest as ejected waste. It has also been estimated that rearing of 300 layings (with one laying equals to 400 eggs) per acre could yield about 2794 kg of litter annually [29]. This substantial waste output holds promise for efficient utilization in mushroom cultivation and biogas production, offering a means to minimize environmental pollution.



Fig. 1. Flowchart showing Waste generation from sericulture industry

# 3. NUTRITIONAL VALUE OF SERICULTURAL WASTES

Unlike conventional substrates like straw or sawdust, sericultural waste boasts a richer nutritional profile. Studies have documented high levels of nitrogen, cellulose, lignin, and minerals like potassium, phosphorus, and magnesium. These elements are crucial for mushroom growth and development, offering a readily available food source compared to traditional substrates often requiring supplementation. Research has explored the use of sericultural waste in cultivating various mushroom species. Ovster mushrooms (Pleurotus spp.), known for their versatility and rapid growth, have shown promising results when grown on substrates containing sericultural waste. Study by Reddy et al. [27], successfully substituted paddy straw with silkworm stems in oyster mushroom cultivation, achieving comparable yields [27]. Similar studies by Reddy et al. [28] demonstrated the effectiveness of various sericulture waste forms in cultivating button mushrooms (Agaricus bisporus) [28].

SI. no	Nutrients	Sericulture litter	Unused mulberry wastes			
1	Cellulose (%)	18.6	52.0			
2	Hemicellulose (%)	17.3	15.7			
3	Lignin (%)	19.4	20.0			
4	Carbon (%)	40.1	43.34			
5	Nitrogen (%)	2.90	1.82			
6	Phosphorus (mg/100g)	940	920			
7	Potassium (mg/100g)	3636	1800			
8	C:N ratio	15.42	22.93			
Source: Sharme et al. [20]						

### Table 2. Nutritional composition of sericultural wastes

Source: Sharma et al. [30]

### 4. UTILIZATION OF SERICULTURAL WASTES IN MUSHROOM CULTIVATION

Sericultural wastes, particularly silkworm leaf litter, silkworm excreta, and spent silk pupae residues, contain essential nutrients that serve as an excellent substrate for mushroom supporting the cultivation. growth and development of mushroom mycelium. Sharma and Madan [31] investigated using silkworm waste to cultivate oyster mushrooms (Pleurotus sajor-caju), analysing its nutritional value and comparing yields on different substrates. Yield comparisons and biological efficiencv calculations revealed that the maximum fruit body yield occurred during the first flush across all replicates. Paddy straw (T1) exhibited the highest biological efficiency, while combining silkworm waste with castor leaves (1:1) resulted in zero (T<sub>6</sub>), potentially due to the presence of a toxic protein ricin in castor leaves. While some small mushrooms grew on pure silkworm waste, they observed that the substrate became overly compact. hindering further growth. Mixing silkworm waste with other substrates in equal parts also reduced yield due to compactness. The authors propose using smaller amounts of silkworm waste (1:4 or less) to capitalize on its nitrogen content and potentially eliminate the need for additional nitrogen sources.

In subsequent investigations, Patrabansh and Madan [18] tested three biomasses (Populus deltoides. Eupatorium adenophorum, and sericulture waste) alone and mixed with paddy straw for oyster mushroom (Pleurotus sajor-caju) cultivation [11]. It was noted that the spawn run exhibited excellent performance in substrates of P. deltoides and E. adenophorum, whether alone  $(T_1 \text{ and } T_4)$  or in combination with paddy straw (T<sub>2</sub>, T<sub>3</sub>, T<sub>5</sub> and T<sub>6</sub>). However, the sericulture waste alone (T7) showed less remarkable performance, though it improved notably when mixed with paddy straw (T<sub>8</sub> and T<sub>9</sub>). When used

individually. E. adenophorum displayed the highest biological efficiency  $(T_4)$  followed closely by P. deltoides (T1), while sericulture waste showed the lowest (T7). Previous studies by Madan et al., [32] and Sharma and Madan [31] also reported very low biological efficiency (4-5%) of P. sajor-caju when cultivated on sericulture waste alone. However. significantly higher efficiency (98%) was achieved when mixed with paddy straw at a higher ratio (1:4), similar to the outcome of the present study with a ratio of 1:2 ( $T_9$ ). According to the researchers this improvement might be due to using a mixture of twigs, leaves, and litter, oven-drying for pasteurization, or the substrate's softness. Notably, there was a discernible increase in nitrogen content in the substrates after P. sajor-caju cultivation in sericulture waste,  $(T_7, T_8 \text{ and } T_9)$  corroborating findings from previous research by Sharma and Madan [31] (Table 4).

Building on the previous work, Reddy et al. (2018) explored using silkworm waste viz. silkworm leaf litter, silkworm excreta, and spent silk pupae residues for the production of button mushroom (Agaricus bisporus Lange) [28]. The research focused on evaluating various compost recipes. utilizing different combinations of silkworm residues and paddy straw, for the production of button mushrooms. Reddy et al. (2018) found that composted silkworm residue exhibited increased microbial counts (bacteria, fungi, and actinomycetes) until the 21st day [28]. However, they observed that the cellulose and lignin contents significantly decreased during composting and post-mushroom production. Maximum yield and bio-efficiency of button mushrooms were observed in paddy straw, yet they concluded that paddy straw can be substituted with silkworm leaf litter, silkworm excreta, and spent silk pupae as the mushrooms paddy straw silkworm grown on plus residues displayed superior protein and fat contents (Fig. 2).

Table 3. Average prod	uction and bio-efficiency	y of Pleurotus saj	<i>jor-caju</i> on (	different wastes

Treatments	Average Yield (gm.)			N (%)		Bio-efficiency (%)
	1 <sup>st</sup> flush	2 <sup>nd</sup> flush	3 <sup>rd</sup> flush	R	S	
T <sub>1</sub>	350	100	62	0.68	1.54	102
T <sub>2</sub>	13	10	-	3.4	3.8	5
T <sub>3</sub>	150	30	25	1.32	2.30	41
T <sub>4</sub>	135	26	10	1.81	3.0	34
T <sub>5</sub>	300	70	40	1.9	2.91	82
T <sub>6</sub>	Nil	Nil	Nil	2.30	3.16	Nil
T <sub>7</sub>	30	15	Nil	2.12	2.94	9

R = raw substrate, S = spent residue, N = Nitrogen

Source: Sharma and Madan [31]

Treatments	Total Yield (g)	Nitrogen content in the	Bio-efficiency (%)	
		Before cultivation (%)	After cultivation (%)	
T <sub>1</sub>	298.72±7.50	1.47	1.82	74.68
T <sub>2</sub>	350.82±17.30	0.92	1.92	87.71
T <sub>3</sub>	409.91±41.30	0.83	1.91	102.47
<b>T</b> <sub>4</sub>	306.60±10.50	1.82	2.87	76.65
T <sub>5</sub>	325.35±9,70	1.52	2.84	91.34
T <sub>6</sub>	409.92±0.10	1.30	2.90	102.48
T <sub>7</sub>	84.77±2.40	2.75	3.06	29.85
T <sub>8</sub>	317.55±13.20	2.09	3.07	79.39
T9	393.75±8.60	1.75	2.95	98.44
<b>T</b> <sub>10</sub>	487.07±13.70	0.44	2.09	121.77

Table 4. Total Yield. Nitrogen content and bio-efficiency of Pleurotus saior-caiu on Populus deltoides. Eupatorium adenophorum, and sericulture waste

Source: Patrabansh and Madan [18]



Fig. 2. a. Yield and biochemical compositions (b. protein, c. Fat, d. Bio-efficiency) of Button mushroom as influenced by various silkworm-based substrates

с

54 52

T1 T2 T3 T4

Τ5 Τ6

Treatments

T7 Τ8 T9 T10

d

### 5. ENVIRONMENTAL AND ECONOMIC CONSIDERATIONS

Treatments

2

n

Τ1 T2 T3 Τ4 T5 Τ6 T7 Τ8 T9 T10

Repurposing sericultural wastes for mushroom cultivation offers notable environmental advantages, facilitating waste reduction and sustainable resource utilization. Through the utilization of by-products such as silkworm excreta, used mulberry leaves, and pupal cocoons as substrates for mushroom growth, we mitigate the environmental impact typically associated with sericulture practices while simultaneously extracting value from otherwise discarded materials. Redirecting sericulture wastes away from landfills effectively diminishes greenhouse emissions linked to gas

decomposition processes. This strategy aligns harmoniously with the principles of a circular economy, emphasizing the reuse and recycling of resources to curtail waste production and optimize resource efficiency. Additionally, the nutrient-rich composition of sericultural waste is advantageous, as it contains essential elements like nitrogen, phosphorus, and potassium vital for supporting robust mushroom growth. This natural abundance of nutrients obviates the necessity for chemical fertilizers, thereby reducing the risk of pollution and conserving natural resources. Furthermore, cultivating mushrooms on sericultural wastes enriches soil health by introducing organic matter and nutrients, bolstering ecosystem resilience.



Fig. 3. Recycling Sericultural wastes for mushroom cultivation

Integrating sericultural wastes into mushroom cultivation practices not only holds promising environmental benefits but also demonstrates considerable feasibility economic and commercial potential. By utilizing these waste materials as substrates for mushroom cultivation, farmers can significantly reduce their production costs associated with purchasing conventional substrates or chemical fertilizers. Sericultural wastes are often readily available at or near silk production facilities. thus minimizing transportation costs and logistical complexities. Moreover, the cultivation of mushrooms on sericultural wastes can generate additional revenue streams for silk producers, effectively diversifying their income sources. Furthermore, mushrooms cultivated on sericultural wastes may also command premium prices in niche markets due to their environmentally friendly production methods and potentially enhanced nutritional profiles. Overall, integrating sericultural wastes into mushroom cultivation practices presents a compelling economic case, offering a viable and sustainable avenue for both waste management and agricultural income generation.

# 6. FUTURE DIRECTIONS AND RESEARCH OPPORTUNITIES

Although promising for sustainable agriculture and waste management, mushroom cultivation using sericulture waste requires further research. Optimizing substrate composition by determining ideal ratios of silkworm components and exploring additional ingredients to enhance quality and yield is crucial. It is evident that sericulture waste, particularly silkworm litter abundant in nitrogen, could function as a viable organic waste source for various edible mushroom varieties, but research is needed to address issues like compactness in oyster mushroom cultivation. Further exploration, innovation, and adoption of mushroom cultivation usina sericultural wastes hold significant implications for agriculture, waste management, and sustainability. This approach contributes to the circular economy by valorising agricultural residues and organic wastes, thereby closing nutrient loops and reducing reliance on conventional fertilizers. Additionally, integrating mushroom cultivation with sericulture practices provides synergistic benefits, such as enhanced soil fertility, pest management, and income ongoing diversification for farmers. Overall, research and development in this field have the potential to transform waste streams into valuable resources, foster sustainable agricultural systems, and alleviate environmental pressures.

### 7. CONCLUSION

In conclusion, the utilization of sericultural wastes in mushroom cultivation offers a promising pathway for sustainable agriculture and effective waste management. This review underscores the potential of harnessing nutrient-rich and biodegradable sericultural by-products as costeffective substrates for various mushroom species. Cultivating mushrooms on these wastes not only addresses disposal challenges but also contributes to food security by producing lowfood calorie. nutrient-rich sources. The integration of sericulture waste into mushroom cultivation supports the principles of a circular economy, reducing environmental pollution and improving soil health through the addition of organic matter. Future research is crucial to optimize composting processes and substrate compositions, ensuring the viability and efficiency of this innovative approach. Embracing this method has the potential to convert sericulture waste streams into valuable agricultural resources, thereby fostering a sustainable and economically viable model for farmers and the mushroom industry on a broad scale.

### **COMPETING INTERESTS**

Authors have declared that no competing interests exist.

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